The original value meal & still a fantastic deal!

Lunch $4.25

Questions about lunch? Please email or call
William Lorah, wslorah@dock.org or 215-362-2676 ext.212

Dock Mennonite Academy High School Lunch Menu August/September

Welcome Back Students and Families!

Thursday, August 20

Main Entrée: Ham and Cheese Hoagie with Chips

Vegetarian Option: Roasted Vegetable Sandwich with Chips

Sides: Carrot Sticks, Fresh Broccoli Florets, Sliced Apples, and Grapes

Beverages: Milk, juice, or Water

Friday, August 21

Main Entrée: Sausage, Egg and Cheese Bagel or Egg and Cheese Bagel

Vegetarian Option: Very Vegetable Soup with Pretzel

Sides: Carrot Sticks, Steamed Green Beans, Pineapple Chunks, and Grapes

Beverages: Milk, juice, or Water

Monday, August 24

Main Entrée: Dock Fillet Sandwich

Vegetarian Option: Roasted Vegetable Melt

Sides: Side Salad, Carrot Sticks, Sliced Apples, and Pineapple chunks

Beverages: Milk, juice, or Water

Tuesday, August 25

Main Entrée: Grilled Cheese with Tomato Soup

Vegetarian Option: Peanut Butter and Jelly

Sides: Side Salad, Steamed Green Peas, Sliced Apples, and Mandarin oranges

Beverages: Milk, juice, or Water

Wednesday, August 26

Main Entrée: Chicken and Waffles

Vegetarian Option: Macaroni and Cheese

Sides: Carrot Sticks, Fresh Sugar Snap Peas, Sliced Apples, and Grapes

Beverages: Milk, juice, or Water

Thursday August 27

Main Entrée: Chicken Wings with Roll

Vegetarian Option: Eggplant Parmesan Sandwich

Sides: Side Salad, Steamed Broccoli Florets, Sliced Peaches, and Apple Sauce

Beverages: Milk, juice, or Water

Friday, August 28

Main Entrée: Sloppy Joe with Chips

Vegetarian Option: Pizza Rolls or Peanut Butter and Jelly

Sides: Carrot Sticks, Side Salad, Sliced Pears, and Grapes

Beverages: Milk, juice, or Water

Monday, August 31

Main Entrée: Cheese Burger with Baked Fries

Vegetarian Option: Vegetable Burger

Sides: Side Salad, Carrot Sticks, Sliced Apples, and Mandarin Oranges

Beverages: Milk, juice, or Water

Tuesday, September 1

Main Entrée: turkey and Cheese Hoagie with Chips

Vegetarian Option: Mixed Cheese Hoagie with chips

Sides: Side Salad, Steamed Cauliflower, Apple Sauce, and Grapes

Beverages: Milk, juice, or Water

Wednesday, September 2

Main Entrée: Sicilian Pizza Slice

Vegetarian Option: Choice of Yogurt with Cinnamon Sugar Pretzel

Sides: Carrot Sticks, Steamed Green Peas, Sliced Apples, and Pineapple Chunks

Beverages: Milk, juice, or Water

Thursday, September 3

Main Entrée: Chicken Tikka Masala over Rice

Vegetarian Option: Roasted Vegetable Tikka Masala

Sides: Steamed Corn, Fresh Broccoli Florets, Sliced Apples, and Grapes

Beverages: Milk, juice, or Water

Friday, September 4

Labor Day Holiday
School is Closed